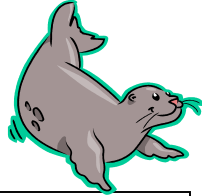




# Key Stage 1 Spring 1



## Literacy

We will be writing commands to help the wolf lead a healthy lifestyle. We will write a booklet about keeping healthy. We will retell a David Bedford story.

## Science

We will be thinking about our bodies and what we need to do to keep ourselves healthy. We will learn about the importance of exercise, eating the right amounts of different types of food, and hygiene.

## Maths

In maths we will be learning about telling the time and solving problems involving mass or weight. We will also be focusing on learning number facts and different strategies we can use for addition and subtraction, multiplication and division.

## History

The children will be given the opportunity to look at the life of Mary Seacole. We will create a timeline of her life, analyse resources and find out why she was a significant individual.

This term our topic is:  
**Bodies**

## Music

We will be receiving music lessons around using tuned percussion instruments.

## PSHE

We will be looking at ways in which we can keep our bodies healthy. This will involve looking at our physical health and healthy eating.

## ICT

The children will be learning to code and debug their own games.

## Art/ Design and Technology

In Art we will be learning drawing and collage skills and using these to create self-portraits. In DT we will be designing, making and evaluating puppets linked to our topic.

## PE

The children will have opportunities to develop key skills such as agility, balance and co-ordination. We will be using low and high apparatus in gymnastics.

## RE

Our key concept is about learning how to be a good person. We will think about this by hearing stories that Jesus told.

## Hook

On Wednesday 5<sup>th</sup> January the children are going to receive a chat from a doctor and a sports nutritionist. They are going to examine a very out of shape teacher. What advice will they give the children?

They will then hear a story about an unhealthy wolf. The children will then need to think about what the wolf needs to do to change his lifestyle in order to lead a healthier one.

## Round up

We are going to produce a fitness video.

## NEW Reminders

Each class will have the opportunity to use the school library **once a week**. The children will be able to choose a book to read for pleasure at home, to go alongside their coloured reading book which is matched to their reading level. Please remind your child to change their library book on their allocated day;

**NEW** Monday – Dolphins, Tuesday – Seahorses, Wednesday – eals

We are lucky enough to be having taught gym lessons on a Wednesday and our Chelsea coaches on a **Friday** for PE. The children can wear their PE kits into school on Wednesday and Friday. Please ensure all items of clothing are named.

## Homework

Please encourage your child to read for a few minutes each night and to write a comment in their reading diaries. You now have access to **BUG CLUB** where there are lots of books to read!

Remember – Hold a sentence homework will go out on a **Friday** and is due back the following **Friday**. You will receive an email every Friday with all the homework, including Purple Mash activities so give these a try! The email will also say what we are learning in class the following week.