

Eling Infant School Knowledge Organiser: Bodies



The Healthy Wolf - Story Synopsis

Healthy Wolf is anything but healthy. He loves eating chocolate and crisps but he'd really love to eat tasty children! Luckily, he is so slow and his teeth got so rotten that all he can eat is porridge. Then he meets the Brownbread family who are determined to get him into shape...

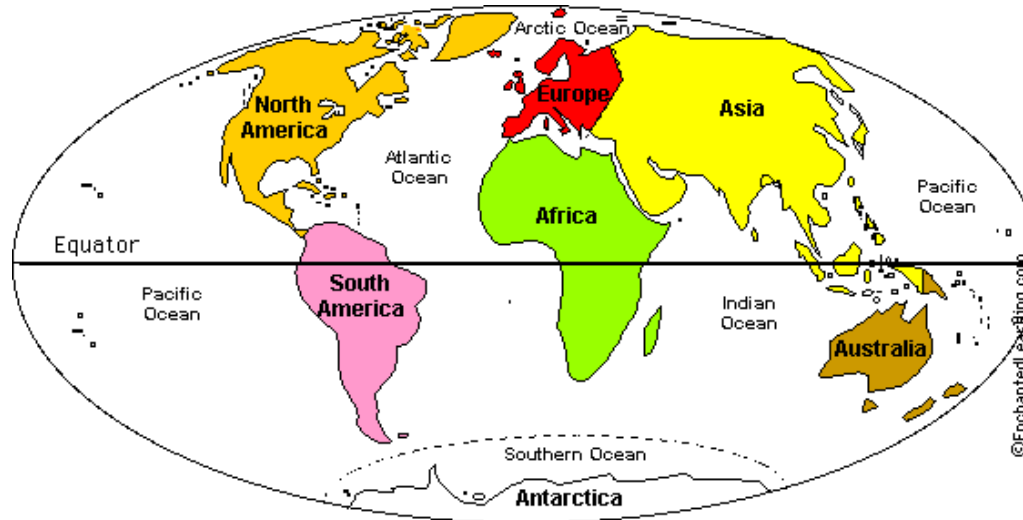
Important People

Mary Seacole



Mary Seacole was a nurse who grew up in Jamaica. She wanted to help during a war in Europe but she was refused. We remember her for her resilience and determination, which lead her to open a hotel near the battlefield to help wounded soldiers.

Map of the World with Continents



Timeline of Mary Seacole's Life

Mary Jane Grant born in Kingston, Jamaica.

Mary marries Edwin Seacole.

Edwin Seacole dies.

Mary travels to Panama and opens a hotel there.

Start of the Crimean War; Mary travels to England hoping to volunteer.

Mary sets up her 'British Hotel' only 4 miles from the front line.

End of the Crimean War; Mary returns to England.

Mary was given 4 medals from the British Government.

Mary dies in London.

1805

1836

1844

1851

1854

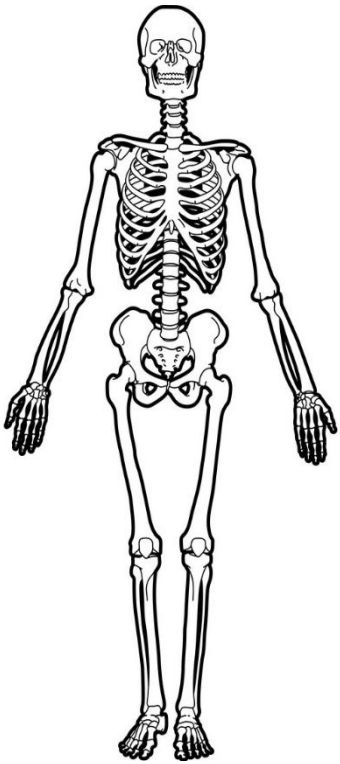
1855

1856

1857

1881

A Human Skeleton



Science - Healthy Living

The eatwell plate

Use the eatwell plate to help you get the balance right. It shows how much of what you eat should come from each food group.



Key Vocabulary

Bones - Hard material that makes up a human skeleton.

Skeleton - Bones inside your body form a structure called a skeleton. The skeleton protects your organs.

Organs - Heart, skin, eyes, lungs and brain are all examples of organs inside animals and humans.

Muscles - Muscles are organs that make your body move.

Exercise - Being physically active.

Healthy - Being well and having good health.

Hygiene - Keeping your body clean and looking after yourself.

Carbohydrates - Foods that gives the body energy.

Protein - Food that helps your muscles grow.

Dairy - Food that gives your body calcium.

Fats - Give you energy but too much is bad for you.

Nutrients - Foods that help you grow.

PSHRE / Growth Mindset

Responsibility	Wellbeing
Healthy	First Aid
Fitness	Looking after our bodies
Relationships	

